



CONSORTIUM FOR CITIZENS
WITH DISABILITIES

EFFECTIVE EVIDENCE BASED LONG TERM CARE PROTOCOLS MAY PREVENT DISABILITY

Evidence based long term care protocols for home and community based services should be developed and widely disseminated

A forum was held at the Brookings Institution, to discuss “Long Term Care Quality”. Moderator of the forum was former Director of the Center for Medicare and Medicaid Services. Participants at the forum were consumer and provider advocates and congressional staff.

Summary

The evidence based model indicates that if you use these *interventions* to achieve these *socially validated results*, with *personnel trained* in these ways for individuals in defined *target groups* under these *environmental condition* you will get these *individual or community social benefits*. The implementation of evidence based behavioral approaches in community environments are more complex than clinical decision making for bio-medical approaches. It is difficult of control independent variables of target groups, environmental conditions, and training of personnel to administer the specific behavioral intervention. The social and environmental problems occur with the training of personnel to implement protocols associated with the materials and activities to achieve desired health outcomes.

Disability Prevention Issues

Two critical points were made at the forum that requires consideration. One was a paradigm that shifts services from a medical model to home and community services with behavioral protocols that involve families. The other issue involves addressing ones quality of life. First, the paradigm shift to home and community based services changes the mode of interventions from a hierarchical bio-medical model to one that applies the behavioral sciences to interventions that include a broad range of community services with focus on the family. Thus, there is need train personnel who deliver services with skills that apply to activities of daily life. New formats for training personnel to employ protocols that result in measured benefits to clients in non-medical settings may prevent diminished health and disability for vulnerable populations.

Interventions

A letter was written to the former Director of the Center of Medicare and Medicaid Services to comment on positive changes on person-level-data of functional/health status in long care programs to prevent diminished health and stability.

Recommendation

Evidence based long-term care protocols for home and community based services should be developed and widely disseminated to prevent diminished skills for self-sufficiency.