



CONSORTIUM FOR CITIZENS
WITH DISABILITIES

RESEARCH FOR PREVENTING CHRONIC DISEASE, OBESITY AND IMPROVING HEALTH EQUITY SHOULD BE WIDELY DISSEMINATED

A congressional briefing on “Fostering Healthy Communities” was held to learn lessons from community-based programs on preventing chronic disease, childhood obesity, and improving health equity. Honorary co-sponsors of the event were Chairmen of the Senate Agriculture Committee and the House Energy and Commerce Committee.

Summary

A supplement to the journal “Health Promotion Practice” with articles from Center for Disease Control and Prevention (CDC’s) “Premier Community-Based Interventions” was disseminated at the congressional briefing. These articles were evaluated for reproducibility for obesity prevention in applied settings that follow the “Research to Practice Model”. This model indicates if you use these *materials and protocols* with *personnel trained* in these ways, under these *conditions* you will get these *results* with these *stratified populations*. An analysis of the articles in the “Health Promotion Practice” journal revealed that one of eight articles had provisions in place that addressed health benefit using the “Research-Practice” model. It is desirable for “Research-Practice” outcomes to result in health benefits rather than implied benefits.

The project of “Strategies for Integrating Immunization Promotion into Community Programs” had a health benefit to which the “Research-Practice Model” could be applied. 1) an immunization protocol was developed by 23 organizations based on evidence based strategies 2) personnel training protocols were implied 3) there were inferred conditions 4) the results were clearly defined (i.e. an integrated immunization system) and 5) a target population (low income people) were identified.. Other articles had descriptions of components of systematic community based efforts linked with health benefits.

Disability Prevention Issue

The CDC programs for preventing chronic disease, childhood obesity, and improving health equity are all public health issues that are designed to prevent diminished health that can contribute to disability. Therefore government funded demonstration projects of health promotion should result in health benefits for project recipients with controlled interventions implemented with trained personnel designed for targeted populations.

Activity

A post-forum meeting and letter was sent to CDC personnel concerning the dissemination of reproducible interventions to change lifestyles associated with obesity using the “Research-Practice” model.

Principle

Effective evidence based “Research-Practice” programs of social determinants of public health should be widely disseminated and monitored for accountable health benefits to consumers.